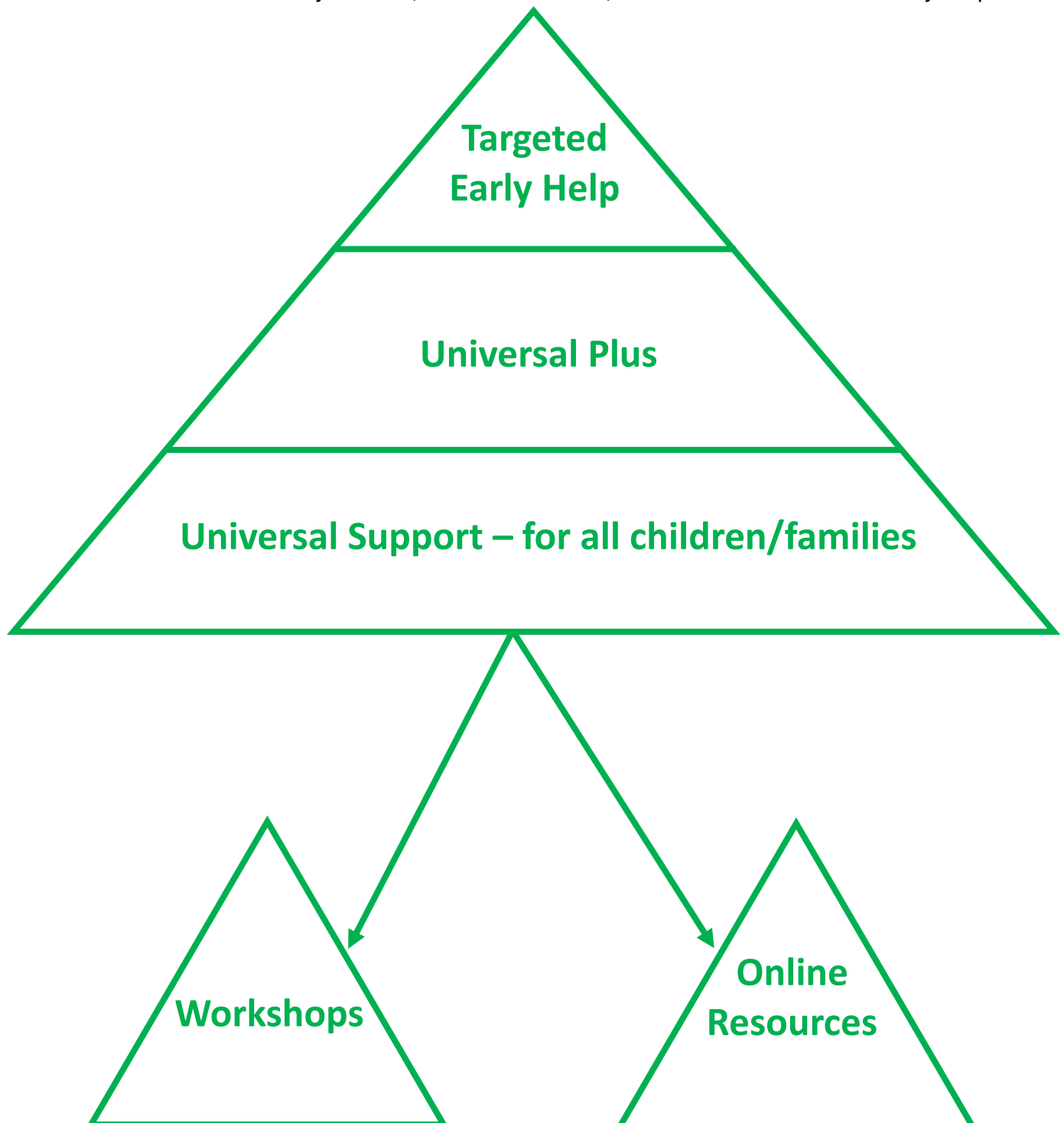




## Tame Valley Academy Our Early Help Offer

### **What is Early Help?**

The purpose of early help is to prevent issues and problems becoming serious and harmful to a child or young person, their family and community. When children and families need this extra support, they often need it quickly. At Tame Valley Academy, we offer a range of Early Help support and during a child's time at our school many of them, and their families, will access some form of Early Help.



## Universal Support – for all children/families

A 'soft' start to allow a calm and purposeful beginning to the day.

Start Of The Day activities designed to allow children to settle in to school and be ready for teaching and learning.

Filtered water available throughout the day for hydration.

Water bottles provided for the children.

Access to equipment and playleader provision at lunchtimes.

Safe and calm space on the playground at break and lunch time.

Trained Paediatric First Aiders.

Clear school values and behaviour expectations.

Access to SLT and DSLs at the start and the end of a school day – on the gate.

An open door policy – access to pastoral/safeguarding support at any time during the week.

All staff safeguarding trained and available to both children and parents.

An inclusive curriculum – designed to support personal development.

Access to breakfast club provision

Access to after school club provision

Quality First Teaching – using research informed pedagogy and adaptive practice.

Access to a hot, well balanced, meal each day.

Free fruit for all children.

Pre loved clothing and uniform.

Parent workshops on both learning and personal development.

Access to educational trips and visitors in school.

Advice on behaviour support for the home.

Support with behaviour and aspirations.

Careers support and information.

Support in self-regulation and metacognition.

Attendance support.

Support with developing positive relationships.

A strong PHSE curriculum to teach personal safety, relationships, online safety and RSE.

Access to computing equipment and internet to support the curriculum.

Promoting belonging in school.

First Day calling for attendance checks.

A celebration of all children's unique characteristics and their successes.

Safeguarding email address to alert staff – [safeguarding@tva.greenheartlearning.org](mailto:safeguarding@tva.greenheartlearning.org)

Calm and purposeful, inclusive learning environment.

## Universal Plus

Class teacher as the first point of contact.

Trained SENDco for any SEND queries.

Food parcels.

Social groups.

Salt referral.

Referral to Educational Psychologist.

Referral to the CAT team.

Behavioural support from COBS (City of Birmingham School)

Behaviour plans and reports to support behaviour.

SEND interventions.

School nurse referrals.

Applying for Free School Meals.

Support with bereavement, family breakdown or other trauma.

Nurture Groups  
Forest School  
Hygiene support – brushing teeth, brushing hair.  
Support for SEMH needs.  
Family support – routines  
LLSS support

## Targeted Early Help

Referral to the school nurse for medical challenges.  
Referral to STICK or FTB for SEMH challenges.  
Referral to the Early Help Team through a Family Connect Referral. (Early Help Assessment)  
Referral for courses with local partners – eg parenting courses.  
Signposting to Domestic Abuse help – e.g Womens Aid  
Compass referrals for children and young people for mental health support.  
Working with Early Help Workers to support families and children.  
Food bank Vouchers – utilities support.  
Home visits for attendance support.  
Support with form filling for benefits/grants etc.  
Support with transport – applying for travel assist.  
Targeted attendance support.  
1:1 support for individual children.  
Bus Pass applications/referrals  
Household support fund/bed poverty applications/referrals.

## Workshops

Compass Workshop on online safety.  
Compass Workshop on housing.  
Compass Worries Workshop.  
Compass Emotional Regulation Workshop.  
Precious Lives Workshop.  
SEND coffee mornings.  
Phonics Workshops for EYFS and Year 1.  
Maths Workshops.  
Anti Bullying Workshop.  
Attendance Workshop.  
Year 6 SATs workshop.  
Healthy Eating and Oral Hygiene Workshop.  
MTC (Multiplication Tables Check) Workshop.  
Talk Consent Workshop

## Resources

[Refuge, the UK's largest specialist domestic abuse organisation](#)  
[Home - Women's Aid](#)  
[Domestic Abuse Helpline for Men | Men's Advice Line UK](#)  
[Resources - For Baby's Sake](#)  
[How to Protect Children From Domestic Abuse | NSPCC](#) [Effects of domestic abuse on children | Barnardo's](#)  
[Action For Children | Children's charity | For safe and happy childhoods](#)  
[Support and self-care for grief](#)  
[How to get urgent mental health help - Birmingham and Solihull Mental Health NHS Foundation Trust](#)  
[Counselling for Individuals - The Spark](#)  
[Mental health helplines](#)

### **Who provides Early Help support in school?**

Early Help support is provided by a variety of staff across our school, however, it is usually overseen by Miss Brown and Mrs Hammonds. If a parent/carer approaches a staff member about Early Help support, they will discuss this with Miss Brown or Mrs Hammonds to decide on next steps.

Where a referral to another professional is seen as beneficial, the school will either make the referral or work with the family to support the referral and next steps.